

# Some help to get you underway for your first entry in 'The Surgery Sprints'

**Note – as Motorsport NZ Inc (MSNZ) rules and regulations apply to The Surgery Sprints, these notes are intended as a quick easy reference for prospective new entrants to The Surgery Sprints. The MSNZ rules and regulations apply at all times and must be consulted for detailed requirements.**

## **I haven't entered a track event before but I'd like to have a go at a 'Surgery Sprint' – what do I need to do to be able to get out on the track?**

- a vehicle meeting safety requirements – a vehicle meeting current wof requirements is a good start although a current wof, registration or drivers licence are not requirements
- a fire extinguisher of minimum weight 0.9kg in a steel bracket with two steel quick release straps secured to the structure of the vehicle by a minimum of two self locking ISO 8.8 M6 bolts with self locking nuts and panel washers
- fire resistant overalls (100% cotton is common) in tidy clean condition with no loose pieces and taped at sleeve and leg end points so not loose around wrists and ankles
- A helmet meeting MSNZ requirements – read: [Motorsport Manual](#)
- the MSNZ drivers' guide is here: [Motorsport Drivers Guide](#)

## **What event will I be able to enter if I'm a first time entrant?**

- Single car sprints – cars are sent off one at a time with a gap of 5 seconds between cars

## **Do I need to be a member of a car club?**

- We encourage you to be a member of an affiliated club of MSNZ <http://www.motorsport.org.nz/about/clubs> but you can enter up to three single car sprint events without being a member of an affiliated club
- If you are not a member of an affiliated club a day licence is necessary - cost is \$5 for the day licence

## **What do I need to do before the event?**

- Make sure you meet the requirements as in Q1 above
- Complete documentation pre the event at one of the pre-documentation points that will be detailed in the event entry form which will be available on The Surgery website
- If you don't manage to complete documentation pre the event make sure you are at Manfeild before 8.30am on the day of the event
- Park your car in a spot of your choice and head to the registration desk – the door is behind the stairs of the building to the left of the track entry gates
- Get in the queue with your entry form and drivers licence and wait for your turn for your entry to be checked
- Your car will probably have to be scrutineered to ensure it meets safety and MSNZ requirements – the scrutineering queue will probably be visible (it's the building you will face when you exit the registration desk)
- Get in the queue and wait for your turn to be scrutineered
- First time drivers will be taken out on the track with a trainer between 9am and 10am for track familiarisation in a controlled manner
- First time drivers will also have their own briefing – normally on a one to one basis
- Attend the 'all drivers' briefing (listen out for the call)
- Get your car into the single sprint line up which will assemble along the front of the pit garages to the left of the dummy grid – get yourself into an order of fast to slowest as best

you can

- When it's your turn to go out onto the track, follow the grid marshals directions
- The Surgery Sprints are rolling starts – you will do a warm up lap then three laps that will be timed then a cool down lap to get you back around to the pit entrance at the start of the front straight. Once you receive the chequered flag, you do not pass the finish line again – slow down on your warm down lap but don't brake unnecessarily and proceed around the track to exit at the pit entry gate
- Drive slowly down pit lane and through the pits, park your car and do any checks you want then get back into the queue for another sprint!

**What are the main things I should look out for as a 'newbie'?**

- Listen out for announcements
- Follow the directions of the marshals
- Ask marshals or other drivers for advice if you are unsure what you should be doing and when
- When you are on the track don't change from side to side – hold a constant line – anyone who wants to pass you will be relying on you not suddenly changing your position on the track
- Don't brake unexpectedly – sure, brake for the corners but don't brake suddenly unless it is to avoid an accident
- Look out for flags at the flag points (learn what the colour mean beforehand)

**What do a need to have to be able to enter dual car sprints?**

- a MZNS ClubSport licence at minimum
- a car log book - available by application to MSNZ
- vehicle safety requirements are the same as for single car sprints

**So register for one of The Surgery Sprints and enjoy trying your car on the track in controlled safe conditions.**

**It's the ideal low cost way to participate in motorsport!**

**Regulations and entry forms at: [The Surgery Sprints](#)**